



**Thursday 1<sup>st</sup> February 2024**  
**33<sup>rd</sup> Bi-Annual Meeting of the Nordic Urogynecological Association (NUGA)**

**Symposium Hosted by Platinum sponsor Axonics has been moved to  
Lunch symposium Saturday 3<sup>rd</sup> of February**

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20.00-

**Optional dinner at KOL & Cocktails (sign up through the registration site)**

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**Friday 2<sup>nd</sup> February 2024**  
**33<sup>rd</sup> Bi-Annual Meeting of the Nordic Urogynecological Association (NUGA)**

07.30-08.20 08.20-08.30	Registration <b>Welcome by Congress President Riffat Cheema</b>
08.30-09.00	<b>Chair:</b> Rune Svenningsen (NO) and Riffat Cheema (SE) <b>Imaging of the pelvic floor</b> MRI Imaging for pelvic floor disorders Paul Aughwane (UK)
09.00-09.30	Pelvic Floor Ultrasound for pelvic floor disorders Ligita Jokubkiene (SE)
09.30-09.40	Discussion
09.40-10.00	Coffee break in exhibition area
10.00-10.30	<b>Chair:</b> Kristin Jonsdottir (IS) and Rune Svenningsen (NO) <b>Imaging before mesh removal:</b> The role of MRI 15 min Paul Aughwane (UK) The role of 3D UL 15 min Riffat Cheema (SE)
10.30-11.00	3 Cases with mesh complications (2 on slings and 1 on POP meshes) <ul style="list-style-type: none"> <li>• Sling complication nr 1 Niels Klarskov (DK)</li> <li>• Sling complication nr 2 Riffat Cheema (SE)</li> <li>• Prolapse Mesh complication Camilla Isaksson (FI)</li> </ul>
11.00-11.20	Round table discussion
11.20-11.50	Coffee break in exhibition area
11.50-12.40	<b>Chair:</b> Mette Hornum Bing (DK) and Kirsi Kuismanen (FI) <b>3 Dissertations @ 10+5 min</b> <ul style="list-style-type: none"> <li>• Ida Bergman (SE): Female Pelvic Floor Disorders – Clinical aspects on Surgical Treatments</li> <li>• Alexandridis Vasileios (SE): The use of implants in female pelvic floor reconstructive surgery – short- and long-term efficacy and safety</li> <li>• Emilia Rotstein (SE): Pelvic floor dysfunction after childbirth: symptoms, diagnosis, treatment</li> </ul>



12.40-14.00	Standing lunch in exhibition area <b>Lunch meeting for the Nordic Urogynecology Registries (special invite only)</b>
13.00-13.45	<b>Lunch symposium in the plenary room held by Astellas (Gold Sponsor+):</b> Menopausal vasomotor symptoms and the treatment landscape anno 2024 Speaker: Dr. Pernille Ravn (DK) (please note, that the symposium is being video recorded)
14.00-15.00	<b>Chair:</b> Kristin Jonsdottir IS and Riffat Cheema SE <b>Abstract session (7 abstracts @ 5+3 min)</b> <i>ID 22: Are stress and urgency urinary incontinence associated with levator ani muscle avulsions, muscle contraction or TVT-location after surgery? Presenter: Berit Rein Solhaug (NO)</i> <i>ID 21: Are voiding difficulties associated with tape location 10-20 years after tension free vaginal tape (TVT) surgery? Presenter: Berit Rein Solhaug (NO)</i> <i>ID 30: Case series of successful removal of tension-free vaginal tape. Presenter: Despina Flondell Sité (SE)</i> <i>ID 27: Dorsal Genital Nerve stimulation in patients with overactive bladder. First clinical results with the UCon neurotrstimulator. Presenter: Meryam El Issaoui (DK)</i> <i>ID 24: The FAST study: The Follow-up After Shorter Tapes Study; a registry study from the Norwegian Female Incontinence Registry (NFIR). Presenter: Kjersti Rimstad (NO)</i> <i>ID 23: Tension-Free Vaginal Tape and Polyacrylamide Hydrogel-Injection for Primary Stress Urinary Incontinence in Women: 5-Year Follow-Up from A Randomized Clinical Trial. Presenter: Anna-Maija Itkonen Freitas (FI)</i> <i>ID 15: Tension-free vaginal tape versus polyacrylamide hydrogel: patient choice and treatment outcomes. Presenter: Lotta Särkilahti (FI)</i>
15.00-15.30	<b>2 dissertations 10 + 5 min</b> <ul style="list-style-type: none"> <li>Karen Husby (DK) Surgical treatment of apical prolapse. Nationwide cohort studies evaluating native tissue operations</li> <li>Ida K Nilsson (SE) The long-term effects of obstetrical anal sphincter injury on pelvic floor function</li> </ul>
15.30-15.50	Coffee break in exhibition area
15.50-16.05 16.05-16.20	<b>Chair:</b> Riffat Cheema SE <b>Bulkamid injection – what can the Nordic registries tell us, indications, results (subjective and objective):</b>  NFIR Registry speaker: Rune Svenningsen (NO) GynOp registry speaker: Stefan Zaccharias (SE)





16.20-16.35 16.35-16.50	DugaBase speaker: Niels Klarskov (DK) Discussion <ul style="list-style-type: none"><li>• Who should be offered Bulkamid? Patient choice or indication</li></ul>
16.50-17.10	"25 years of prolapse surgery. A winding path to success" Speaker: Jonas Gunnarson 20 min
19.00	<b>Dinner at the venue. Dress code: Casual</b> <b>Sign up through the registration site</b>



**Saturday 3<sup>rd</sup> February 2024**  
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08.00-09.00	Registration
09.00-10.00	<p><b>Chair:</b> Kristin Jonsdottir (IS) and Kirsi Kuismanen (FI)</p> <p><b>Abstract session (7 abstracts @ 5+3 min)</b></p> <p><b>ID 26:</b> <i>A follow-up study of reoperations due to recurrent prolapse and SUI after native tissue, transvaginal- and abdominal mesh surgery. Presenter: <b>Olga Wihersaari (FI)</b></i></p> <p><b>ID18:</b> <i>Are patients less satisfied and are there more complications after recurrent than primary prolapse surgery? – a registry-based study. Presenter: <b>Liv Hjartsjø (NO)</b></i></p> <p><b>ID 19:</b> <i>Choice of surgery and anesthesia, complications, and satisfaction over time – a registry-based study of pelvic organ prolapse surgery. Presenter: <b>Liv Hjartsjø (NO)</b></i></p> <p><b>ID 9:</b> <i>Childbirth-related deviations in the perineal anatomy assessed by three-dimensional endovaginal and endoanal ultrasound – a reliability study. Presenter: <b>Hanne Sether Lilleberg</b></i></p> <p><b>ID 25:</b> <i>Comparison of bilateral sacrospinous fixation and vaginal polypropylene mesh for apical prolapse; a national register-based study. Presenter: <b>Riffat Cheema (SE)</b></i></p> <p><b>ID 5:</b> <i>Information required for valid generalizable, and useful individual prediction models for obstetric anal sphincter injury in high-and low-risk birth scenarios. Presenter: <b>Jennie Larsudd-Kåverud (SE)</b></i></p> <p><b>ID 2:</b> <i>Efficacy and safety of fezolinetant for the treatment of moderate-to-severe vasomotor symptoms associated with menopause in women considered unsuitable for hormone therapy: the phase 3b DAYLIGHT study. Presenter: <b>Angelica Lindén Hirschberg (SE)</b></i></p>
10.00-10.20	Coffee break in exhibition area



	<p><b>Chair:</b> Mette Hornum Bing (DK) and Riffat Cheema (SE)</p> <p><b>Prevention of pelvic floor dysfunction</b></p>
10.20-10.50	<p><b>Pelvic floor dysfunction:</b> The role of birth injuries – can it be prevented? Speaker: Ian Milsom (SE) and Marie Gyhagen (SE)</p>
10.50-11.10	<p><b>What is the evidence</b> of Pelvic floor exercise in long-term prevention of pelvic floor dysfunction? Speaker: Ulla Due (DK)</p>
11.10-11.50	<p><b>What is the role</b> of obstructed defecation in the development for pelvic floor dysfunction? – prevention of POP and incontinence</p>
11.10-11.30	<ul style="list-style-type: none"> <li>• The Clinical perspective. Speaker: Marie Dahlberg (SE)</li> </ul>
11.30-11.50	<ul style="list-style-type: none"> <li>• What is the scientific evidence? Speaker: Johanna Mäkelä-Kaikkonen (FI)</li> </ul>
11.50-12.00	Discussion
12.00-12.20	Coffee break in exhibition area
12.20-13.20	<p><b>Chair:</b> Kirsi Kuismanen (FI) and Rune Svenningsen (NO)</p> <p><b>7 Abstracts @ 10 + 5 min</b></p> <p><b>ID 20:</b> <i>Is the Manchester procedure better than isolated anterior colporrhaphy for urinary incontinence patient satisfaction and complications? – a registry-based study.</i> Presenter: <b>Liv Hjartsjø (NO)</b></p> <p><b>ID 29:</b> <i>Prevalence of persistent defects in anal sphincters in women with grade 3-4 perineal tears.</i> Presenter: <b>Leah Besjakov (SE)</b></p> <p><b>ID 8:</b> <i>Recurrent pelvic organ prolapse after hysterectomy – A 10-year national follow-up study.</i> Presenter: <b>Tea Kuittinen (FI)</b></p> <p><b>ID 3:</b> <i>Risk of Thrombosis and Bleeding in Gynecologic Non-Cancer Surgery: Series of Systematic Reviews and Meta-Analyses.</i> Presenter: <b>Riikka Tähtinen (FI)</b></p> <p><b>ID 17:</b> <i>The PLUS study: Vicryl® versus VicrylPlus® for Primary Suturing of Perineal Tears after Delivery. A Randomized Controlled Trial.</i> Presenter: <b>Kristine Sonnichsen (SE)</b></p>





	<p><b>ID 10:</b> Translation and validation of ICIQ-B in Danish pelvic floor disorder patients. Presenter: <b>Ulla Due (DK)</b></p> <p><b>ID 14:</b> Validation of Clavien-Dindo classification of complications after reconstructive pelvic floor surgery. Presenter: <b>Jennifer Campbell (SE)</b></p>
13.20-14.45 13.35-14.20	<p>Standing lunch in exhibition area</p> <p><b>Lunch symposium held by Axonics (Platinum Sponsor)</b></p> <p>Topic: 5-year result form the Bulkamid – TVT Randomized Controlled Trial</p> <p>Speaker: Tomi Mikkola</p>
14.45-15.15	<p><b>Chair:</b> Rune Svenningsen (NO) and Kristín Jónsdóttir (IS)</p> <p><b>Apical support – how to do a good midcompartment reconstruction.</b></p> <p>Apical support without the uterus Dorte Teilmann Jørgensen (15 min)</p> <p>Apical support with the uterus Karen Ruben Husby (15 min)</p>
15.15-15.45	<p><i>Why my method?</i></p> <ul style="list-style-type: none"> <li>• 5 min Manchester procedure Speaker: Sissel Oversand (NO) (pros and cons)</li> <li>• 5 min Laparoscopic sakrokolpopexi Speaker: Mette Bing (DK) (pros and cons)</li> <li>• 5 min Vaginal sacrospinous ligament fixation Edward Marcos (SE) (pros and cons)</li> <li>• 5 min Transvaginale mesh still in use in Sweden Riffat Cheema (SE) (pros and cons)</li> </ul>
15.45-16.00	<p>Discussion</p>
16.00-16.20	<p>Coffee break in exhibition area</p>
16.20-16.50	<p><b>Chair:</b> Kirsi Kuusmanen FI</p> <p>Refining surgical choices in patients at risk for mesh complications</p> <p>Cathrine Matthew (Zoom)</p>
16.50-17.00	<p><b>Closing and NUGA Awards</b></p>